

National Symposium



Learn and connect with nephrology nurse colleagues – in person or virtually – at the 2025 ANNA National Symposium. The hybrid educational program enables you to choose the learning experience that meets your personal and professional needs.

Gather with nephrology professionals in Oregon for a live educational experience, in-person networking opportunities, and time to explore Portland. If you can't travel to Oregon, then participate virtually! Livestream registration options allow you to interact with other attendees and conference speakers online and earn contact hours from your home or workplace.

The ANNA National Symposium provides you the opportunity to:

 Learn from expert speakers about the current issues and advances in the nephrology nursing specialty.

- Enhance your knowledge and take your professional practice to the next level.
- Collaborate with nurse colleagues and industry representatives and expand your professional network.
- Join a community of nurses who support your success and share your commitment to quality care.



Register by February 16 for the best rates! annanurse.org/symp25

ANNA Conferences Committee

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At the American Nephrology Nurses Association (ANNA), diversity, equity, and inclusion are foundational core values, integrated into our culture. We are committed to an environment where individuals are respected, valued, and practices are equitable and inclusive. By embracing our differences, ANNA fosters a climate of belonging, where individuals from all backgrounds, cultures, and perspectives come together to promote the organization's mission and vision.

Preconference Agenda

All event times are Pacific Time Zone.



Wednesday, April 30

7:30 pm - 10:00 pm **100 Movie Night**

Join your colleagues and view *Nurse Unseen*, directed by Emmy Award winning Director Michele Josue and produced by Carlo Velayo. This film explores the little-known history and humanity of the unsung Filipino nurses who risked their lives on the front lines of the COVID-19 pandemic. In the United States, almost one third of all immigrant nurses are Filipino, yet there has been little to no representation of Filipino nurses in U.S. mainstream media. A live Q&A with the director and producer will follow the film. Light refreshments will be served.



2024-2025 ANNA President Nancy Colobong Smith (center) with *Nurse Unseen* Producer Carlo Velayo and Director Michele Josue.

Thursday, May 1 - 7:30 am - 12:45 pm

Optional Preconference Workshops (010-020)

Preconference workshops require an additional registration fee. Workshops will be offered in person only.

010 Patient-Centered Dialysis: Addressing the Needs of Unique Populations

5.0 CH, Rx

Kimberly Muczynski, MD, PhD Alice Zerkle, BS, RN, CCM Christine Chmielewski, MS, CRNP, ANP-BC, CNN-NP

Katerina Jones, DNP, APRN, ANP-C, CNN-NP

This workshop will address patient-centered care focused on dialysis throughout the reproductive years, establishing a comprehensive support program for pediatrics, diagnosis of acute kidney injury, and home patient treatment in an outpatient unit.

020 Real World Communication: Crucial Skills for Every Situation

5.0 CH

Cornelia Gogan, MSW, LMSW, LCAS Felicia Speed, PhD, LMSW Christine Corbett, DNP, APRN, FNP-BC, CNN-NP, FNKF

This workshop will focus on mastering emotional intelligence and understanding of shared decision-making. Speakers will discuss self-awareness, self-regulation, resiliency, motivation, mental health response, and empathy.





Leadership Education and Development (LEAD) Workshops (030-040)

These workshops are invitation-only programs for incoming ANNA volunteer leaders.

030 LEAD Workshop for Chapter Officers

This workshop will provide leadership training and development for ANNA chapter officers. Invitations and complete program details will be provided to 2025 chapter officers in February 2025.

040 LEAD Workshop for SPN Leaders/Advisors

This workshop will provide leadership training and development for Specialty Practice Network (SPN) Leaders and Advisors. Invitations and complete program details will be provided to incoming 2025-2026 SPN Leaders/Advisors in February 2025.

Note: The LEAD orientation program includes a workshop and two symposium sessions (#145 and #155) on Friday, May 2.

All event times are Pacific Time Zone.

Thursday, May 1

1:00 pm - 2:45 pm

101 Lunch / Symposium

Pending corporate support

3:00 pm - 3:45 pm

102 Orientation for New ANNA Members / First-Time and International Attendees

Learn how to make the most of your symposium experience. Get tips on navigating the program, completing the evaluation process, and maximizing networking opportunities.

4:00 pm - 4:30 pm

Opening Ceremonies

4:30 pm - 5:30 pm

Janel Parker Memorial Opening Session

103 The American Nurse: Nephrology Nursing
Through a Filmmaker's Lens

1.0 CH Carolyn Jones

9

Filmmaker and photographic ethnographer Carolyn Jones has spent her career shining a light on people who make extraordinary differences in the lives of others. She has spent the past 12 years interviewing hundreds of nurses – creating a book and four documentary films – to better understand the integral role nurses play in health and health care. In this

session, Ms. Jones will premiere the short film she created in collaboration with ANNA which follows nephrology nurses with the patients and families in their care, including the story of a living kidney donor and recipient in Seattle, participants at the Transplant Games in Alabama, and patients receiving hemodialysis in New York. Ms. Jones presents an outsider-looking-in perspective with the goal to inspire others to think of nurses in a way that they may never have before and to raise the volume of the voices of nurses everywhere.

5:45 pm - 7:45 pm

104 Exhibit Hall Grand Opening / Reception

Meet with industry representatives and view displays of state-ofthe-art technology, products, and services. Beverages and heavy hors d'oeuvres will be served.



Friday, May 2

6:00 am - 6:45 am

110 Fitness Walk / Run

Energize your day by starting off the morning with a jog, walk, or leisurely stroll with friends.

7:15 am - 8:45 am

120 Breakfast / Symposium

Pending corporate support

8:45 am - 10:15 am

130 Exhibits / Posters / Coffee Break

2.0 CH

Contact hours are available for viewing poster displays in the exhibit hall. Presenters will be available to discuss their posters during designated times.





All event times are Pacific Time Zone.

10:15 am - 11:30 am

Concurrent Sessions (141-145)

141 **Obstructive Sleep Apnea: The Remaining Culprit in Transition of Chronic Kidney Disease to Dialysis**

1.25 CH

Joseph Newman, MD Beverly Storck, MSN, RN

Obstructive sleep apnea will be discussed as a significant issue in the chronic kidney disease population. Prevalence, screening techniques, effects on the disease process, treatment options, and compliance will be covered.

Multidrug-Resistant Organisms in the Dialysis Setting: What You Can't See Can **Hurt You**

1.25 CH. Rx

Denise Parr, MSN-IPC, RN, CIC

This session will examine the concerning emergence of multidrugresistant organisms in dialysis settings, shed light on the intricate mechanisms of infection prevention mitigation strategies, and unveil a diverse array of infection prevention resources specifically tailored to meet the needs of dialysis organizations.

Mastering Fluid, Electrolytes, and Acid and **Base Balance: A Comprehensive Guide for** the New Nurse

1.25 CH, Rx

Anjay Rastogi, MD, PhD

Kristin Larson, MSN, AGNP-BC, CNN, NP, FANNA

This session will explore the intricate balance of fluids, electrolytes. acid/base equilibrium, and pharmacological treatment in kidney disease. The kidneys play a vital role in maintaining bodily equilibrium, and understanding this balance is crucial for overall well-being.

Healing through Understanding: Trauma-Informed Care for People with Kidney **Disease**

1.25 CH

Natalie Kuhn, MSN, RN

This session will focus on the implementation of trauma-informed care in nephrology, its relevance to nephrology nursing, and how to apply it in practice to make a positive impact on patient care.

Leading Through Loneliness and Burnout: Qualitative Insights and Implications for **Nephrology Nurse Leadership**

1.25 CH

Rachel Wood, PhD, RN, NPD-BC, CEN, CPEN

The health and well-being of the nephrology nursing workforce are critically important. Nephrology nurses may experience loneliness and burnout that impact the quality of the care they provide. Leaders can play a pivotal role in protecting and promoting the well-being of their teams. This presentation will share the voices of nephrology nurses experiencing loneliness and burnout to raise awareness of this widespread problem. Actionable strategies that nephrology nurse leaders can employ to make a tangible impact on the well-being of their teams also will be shared. (This session is designed for ANNA volunteer leaders as part of the LEAD orientation program.)

11:45 am - 1:00 pm

Concurrent Sessions (151-155)

151 **Innovations in Nephrology Pharmacotherapy:** A Comprehensive Update

1.25 CH. Rx

Tracy Anderson-Haag, PharmD, BCPS, BCTXP

Medications play a crucial role in managing patients with kidney disease due to the common occurrence of abnormal kidney function, which impacts medication selection and dosages. This session will cover the most recent advancements in using medications to treat kidney disease, including information on phosphate blockers, IgA, complement, and more.

Navigating Malpractice Risk: Understanding and Applying Standards for Nephrology **Nursing Practice**

1.25 CH, Rx

Sue Cary, MN, RN, ANP-BC, CNNe Debra Hain, PhD, APRN, AGPCNP-BC, PMHNP-BC. CNN-NP. FAAN, FAANP, FNKF

In this session, the speakers will share their legal expertise as they define the standards of nursing care in nephrology. They will examine the changes in these standards and explore several case studies to provide attendees with strategies to reduce the risk of malpractice.

153 **Creating Safe Havens: Hepatitis B Prevention** in Dialysis Facilities

1.25 CH. Rx

Jennifer Payton, MHCA, BSN, RN, CNN, FANNA

The importance of establishing safe havens as part of hepatitis B prevention in dialysis facilities will be addressed. The session will center around the prevalence of hepatitis B and its impact on dialysis patients, vaccination protocols, patient screening and surveillance, best practices for infection control and precautions, and staff training and education.

Balancing Act: Challenges, Opportunities, and Innovations in Volume Management in Hemodialvsis

1.25 CH, Rx

Kelly Davis, MSN, ACNP, CNN

This session will review the fundamentals of volume management, recognition of volume status, current terminology, and associated hemodynamics. The session also will explore methods and technology currently used for assessing volume status, comparing their advantages and limitations to enhance overall clinical strategies for balanced fluid removal during hemodialysis treatments.

155 In a World Where You Can Be Anything, Be a Nephrology Nurse: The Case for **Professional Identity**

1.25 CH

Amber Paulus, PhD, RN, CPHQ

The speaker will discuss the importance of professional identity in nephrology nursing, cover the key skills and knowledge necessary for effective practice, and explore strategies for continuous professional development. The integration of core values and ethics of the nephrology nursing community into daily practice to strengthen professional identity also will be emphasized. (This session is designed for ANNA volunteer leaders as part of the LEAD orientation program.)

All event times are Pacific Time Zone.

1:00 pm - 2:00 pm

160 Box Lunch in the Exhibit Hall

Box lunch available for all registrants and exhibitors.

2:00 pm - 3:00 pm

ANNA's Specialty Practice Network (SPN)
Sessions (171-174)

171 Home Therapies SPN

Overcoming Nurse Fear and Bias: A Clinically Diverse Panel Reviewing Nocturnal Home Hemodialysis

1.0 CH

Sharee Holcombe, MSN, RN, CNN Hayden Jones, II, APRN, BSN, RN Jennifer Thompson, MBS, BSN, RN

172 Pediatric SPN

Navigating New Waters: Shifting from Adult to Pediatric Dialysis

1.0 CH

Diana Caldwell, MSN, APRN, PCNS-BC Nenita Cuellar, MSN, RN, CNN

173 Acute Care SPN

Understanding Consents in Acute Dialysis: Who Needs It? When To Ask? And How Often? Are We Missing the Mark?

1.0 CH

Pauline Marroquin, MBA-HCM, BSN, RN, CNN

174 Chronic Kidney Disease SPN

Update on CKD Management Among Adult Patients by KDIGO 2024

1.0 CH, Rx

Violeta Valcheva, MSN, APRN, AGNP-C Nestor Dante Verano, DNP, APRN-FPA, CNN-NP

3:00 pm - 4:15 pm

Exhibits / Posters / Snack & Refreshment Break

4:15 pm - 5:15 pm

ANNA's Specialty Practice Network (SPN)
Sessions (181-185)

181 Hemodialysis SPN

Traditional versus Alternate ESKD Treatment: What Are the Options?

1.0 CH

Sheila Deziel, MSN, RN, CNN, FNKF Rachael Buening, BSN

182 Advanced Practice SPN

Current Challenges in Clinical Practice

1.0 CH, Rx

Stephen Munsayac, BSN, RN Ursula Chester, MHA, MSN, AGACNP

183 Administration SPN

Escape to Patient Safety

1.0 CH

Wendy Lester, MSN, RN, CNN
Faith Lynch, DNP, RN, CNN, NEA-BC, AMB-BC,
FANNA

Zoila Nolasco, DNP, RN, NEA-BC, AMB-BC, CPXP

Jennifer Vavrinchik, MSN, RN, CNN Kristin Larson, MSN, AGNP-BC, CNN, NP, FANNA

184 Transplantation SPN

Exploring Ethical Dilemmas in Transplant: A Multidisciplinary Approach

.0 CH

Amy Perry, MSN, APRN, FNP-BC, CNN-NP

185 Educator SPN

Pathway to Professional Certification

1.0 CH

Melanie Harper, RN, CNN Jeffrey Tyer, BSN, RN, CNN

5:30 pm - 6:15 pm **ANNA Town Hall**

Meet with members of the ANNA Board of Directors who will be available to answer questions, listen to suggestions, and discuss issues of importance to ANNA members.

8:00 pm - 10:00 pm -190 Dance Party

Enjoy an evening of music, dancing, and light refreshments with friends and colleagues at the symposium dance party.







All event times are Pacific Time Zone.

Saturday, May 3

7:00 am - 8:30 am

201 Breakfast / Symposium

Pending corporate support

8:45 am - 10:30 am

Exhibits / Posters / Coffee Break

10:30 am - 11:45 am

Concurrent Sessions (211-214)

211 Exciting Times: Update on Kidney Transplantation 2025

1.25 CH

Marian Charlton, SRN, RN, CCTC Matthew Cooper, MD Peter Kennealey, MD David Serur, MD

Session speakers will provide a comprehensive update on the latest advancements and challenges in kidney transplantation. Discussion will cover topics such as kidney paired exchange, xenotransplantation, and the potential advantages of cell-free DNA analysis in kidney transplantation.

212 Cardiac-Kidney Connections: Unraveling the Complexity in Hemodialysis

1.25 CH, Rx

Leah Foster Smith, MSN, APRN, FNP-BC, CNN-NP, FNKF

This session will delve into the prevalence of cardiovascular disease among individuals with kidney-related health issues, use of echocardiograms in nephrology care, and conditions such as valvular disease, pulmonary hypertension, cardiac stunning, cardiorenal syndrome, and left ventricular hypertrophy. Practical strategies and detailed guidelines aimed at assisting nephrology practitioners in effectively managing cardiac complications in patients with end-stage kidney disease will be shared.

213 Understanding Medicare Coverage for Patients with End-Stage Kidney Disease: Essential Insights for Nephrology Nurses

1.25 CH

Lauren Coburn, MSW, LCSW

This presentation will provide nephrology nurses with a comprehensive understanding of Medicare coverage for patients undergoing hemodialysis.

214 Home Therapy Innovation through Culture Change, Relationship Transformation, and Clinical Practice

1.25 CH

Tammy Carmean, MBS-HM, BSN, RN, CMSRN Donna Ferguson. BSN, RN

The speakers will discuss strategies for transforming clinical culture and empowering staff through group training. The learner will explore potential areas for process improvement and acquire techniques for fostering a culture of innovation to overcome common barriers to home therapy and increase patient census.

215 Elevating Nephrology Nursing Practice: A Comprehensive Workshop on EvidenceBased Practice, Quality Improvement, and Research Fundamentals

1.25 CH

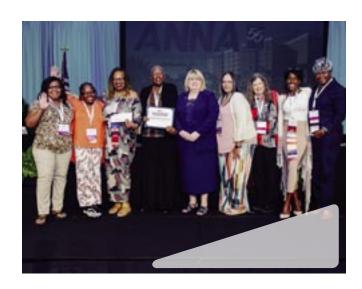
Tara O'Brien, PhD, RN, CNE

Important research topics, evidence-based practice, and the fundamentals of quality improvement will be discussed. Detailed practice case scenarios will be presented, enabling participants to apply their knowledge and skills actively. The speaker also will emphasize how to apply these skills, and the essential peer support needed for successfully submitting a grant proposal to ANNA.

12:00 pm - 1:30 pm

220 Nephrology Nurse Recognition Lunch

Network with friends and celebrate the professional accomplishments of colleagues as the ANNA Outstanding Achievement Award winners are announced. The luncheon also will include the annual ANNA business meeting, induction of the 2025-2026 Board of Directors, and a message from incoming ANNA President Faith Lynch.



All event times are Pacific Time Zone.

1:45 pm - 3:00 pm **Concurrent Sessions (231-235)**

231 Writing for Publication: From Idea to Article 1.25 CH

Beth Ulrich, EdD, RN, FACHE, FAONL, FAAN, FANNA

Nephrology Nursing Journal Editor-in-Chief Beth Ulrich will review the manuscript development, peer review, and publication processes and provide tips for developing a plan for writing and submitting a manuscript for publication.

232 Nephrology Nurses and Empathy: The Impact on Older Adults Experiencing Loss and Grief

1.25 CH

Rowena Elliott, PhD, RN, CNN, AGNP-C, LNC, CNE. ANEF. FAAN

This session will address the multifaceted grief journey experienced by patients, emphasizing the physical losses associated with chronic illnesses and age-related changes. The session will focus on enhancing nurses' understanding of the changes when a person loses a loved one, sharing effective strategies for demonstrating empathy and compassion, and explaining behaviors that can potentially harm older adults who are grieving.

233 Optimizing Hypertension Management in Dialysis: Practical Insights and Approaches 1.25 CH, Rx

Laura Mayeda, MD, MPH

Practical examples of scenarios nephrology nurses often encounter in relation to hypertension in patients on dialysis will be shared. The presentation will encompass the pathophysiology, measurement, and treatment of blood pressure (BP) in patients receiving dialysis, with the aim of educating and empowering the team to enhance the management of BP in their patients.

234 Creating a Supportive Work Environment: The Role of Leadership in Work-Life Balance

1.25 CH

Judy Kauffman, DNP, RN, CNN

This session will review the important aspects of creating a supportive work environment and the crucial role of effective leadership in fostering such an environment. Strategies to be covered include recognizing and appreciating employees, supporting professional development, defining work-life balance, and promoting team cohesion and building. Additionally, the session will explain different methods for measuring success in this area.

235 Trouble-Shootings for Peritoneal Dialysis Catheter-Related Non-Infectious Complications

1.25 CH

Joanna Neumann, RN, CNN Matthew Rivara, MD

This session speaker will delve into the intricacies of peritoneal dialysis (PD) as an effective home treatment option. The focus will be on the pivotal role of PD nurses not only in training patients and their caregivers but also in providing ongoing support. The session will highlight the importance of this support in helping patients and caregivers identify and effectively address non-infectious complications associated with the catheter.

3:00 pm

Enjoy Portland!

Spend your afternoon and evening exploring Portland. The educational program features pre-recorded, on-demand content accessible at your convenience, enabling in-person attendees to enjoy leisure time while in Oregon. See information about ondemand sessions on pages 9-10. All registrants (in-person and livestream) will have access to on-demand session content.

Sunday, May 4

7:00 am - 8:00 am

General Session

301 Diversity, Equity, and Inclusion: How Structural Inequities Impact an Individual's CKD Journey and Modality Selection

Deborah Stamps, EdD, MBA, MS, RN, GNP, NE-BC, CDE®, FADLN, FAAN Deborah Brouwer-Maier, RN, CNN Katie Feldner, PhD(c), MSN, RN, CNN Lillian Pryor, DNP, RN, CNN

Session speakers will be presenting a groundbreaking approach to learning that focuses on highlighting the impact of structural inequities on an individual's experience with chronic kidney disease (CKD) and their treatment decisions. By using this innovative learning method, the presenters aim to provide participants with a deeper understanding of the specific challenges encountered by individuals with CKD. The objective is to develop a comprehensive learning strategy that can be adopted by ANNA chapters to effectively meet their educational objectives.

8:15 am - 9:30 am

General Session

311 Health Policy Update

1.25 CH

Donna Bednarski, MSN, RN, ANP-BC, CNN, CNP Donna Painter, MS, RN, CNN Jim Twaddell, MA, BS

Attend this session to receive updates on the latest health policies that affect nephrology nursing. Expert speakers will discuss legislative and regulatory policies that can significantly impact different aspects of nursing practice, education, and patient care in the field of kidney disease. Participants will gain valuable insights into important developments that are crucial for the nursing profession in kidney care and the overall well-being of patients.



All event times are Pacific Time Zone.

Sunday, May 4

9:45 am - 11:00 am

General Session

21 ESRD Networks Explained: Building Effective Partnerships for Improved Patient Outcomes

1.25 CH

Claire Taylor-Schiller, BSN, RN Katelynn Booth, MSN, RN, CPHQ Amanda Morelli, MSN, RN, CNN

Session speakers will discuss the important role of nephrology nurses in dialysis facilities and transplant centers, and how they impact the care of patients with end-stage kidney disease. The presentation will include insights from nurses with firsthand experience in achieving positive outcomes through enhancing this partnership. The speakers also will explore how collaboration between networks and facilities can improve quality assurance and performance through quality assurance and performance improvement activities, ultimately leading to better patient outcomes.

11:15 am - 12:15 pm

Closing Session

331 Artificial Intelligence in Nephrology: A Tidal Wave of Change

1.0 CH

Emel Hamilton, MD, MSN/INF, CNN

Dr. Hamilton will discuss how generative artificial intelligence (AI) can impact nephrology and the important role of nephrology nurses as super-users of medical technology. The session will explore generative AI's impact on areas such as hemodialysis, peritoneal dialysis, organ transplant, and kidney disease progression, as well as its influence on clinician workflows.



Despite its impressive performance, generative AI has known risks and limitations, and this session will provide nephrology nurses with ways to harness AI's power while being mindful of these limitations.

On-Demand Sessions

In addition to the live sessions featured during the symposium program, the following sessions will be pre-recorded and available on-demand via the ANNA Online Library. All on-demand session content is included with full symposium registration; full symposium registrants also may redeem up to 7.0 contact hours for on-demand sessions. Additional contact hours for on-demand sessions are available for purchase via the ANNA Online Library. (Note: Contact hours are to be determined; each session will offer a minimum of 1.0 contact hour.)

OD01 Modernization of the United States Transplantation System: How This Will Affect Patients with ESKD

Dianne LaPointe Rudow, ANP-BC, DNP, FAAN

This session will provide background information on the transplant network, how it aims to improve access to kidney donation, and upcoming changes to the network that will support kidney transplants. It is essential for nurses caring for patients with kidney disease to grasp these changes and understand how they will affect patient care. Collaborating with the transplant team to ensure timely referral, proper education, and patient care can enhance the chances of patients receiving a kidney transplant.

OD02 Yours, Mine, or Ours? Sharing Ownership of Hemodialysis Lines in an Acute Care Setting

Kristen Hill, DNP, APRN-CNS, AGCNS-BC, RN-BC Jamie Pardee, MSN, RN, CCRN

Session speakers will discuss how an academic medical center tackled the challenge of reducing central line-associated bloodstream infections (CLABSIs) by implementing a line ownership approach that involved bringing together key stakeholders to conduct multidisciplinary rounds to identify improvement opportunities and trends, while prioritizing patient safety. Discussions about line ownership have now expanded beyond the dialysis unit to involve the entire hospital to benefit the overall patient population.

OD03 Insights into the Nutrition Management of Anemia in Chronic Kidney Disease and Dialysis, Rx

Maiya Slusser-Hogan, MS, RND, CDN, CNSC

In this session, the speaker will discuss the high prevalence of anemia in people with chronic kidney disease and the challenges of managing it in patients on dialysis, while focusing on the impact of evidence-based nutrition strategies in reducing resistance to erythropoietin-stimulating agents and resolving anemia.

On-Demand Sessions

OD05 Navigating Nutritional Strategies for Hyperkalemia Management in Chronic Kidney Disease

Melanie Betz, MS, RD, CSR, FNKF, FAND

This session will provide insights into the effective management of hyperkalemia in patients with chronic kidney disease (CKD) and end-stage kidney disease. The discussion will cover the benefits of promoting an alkaline diet, enhancing fiber intake, and restricting bioavailable potassium food additives as indirect methods to address hyperkalemia. This knowledge will empower nephrology nurses to offer comprehensive education to patients with CKD on managing their condition effectively.

OD06 Quantifying and Mitigating Delays in the Acute Dialysis Setting

Brianna Sullivan, MSN, APRN, FNP-BC Cynde Adorno, MSN, RN, CCRN (Alumni)

Session speakers will discuss significant issues and obstacles faced by acute dialysis programs due to delays related to patients, processes, and supplies. They will explore the impact of these delays on patient care, operational efficiency, and workforce productivity and retention. The session will provide specific examples of each type of delay, along with effective strategies for addressing these challenges within the dialysis program.

OD07 Bringing Awareness: Post-Traumatic Stress Disorder in Chronic Kidney Disease and End-Stage Kidney Disease

Cynthia Smith, DNP, APRN, CNN-NP, FNP-BC, FNKF

This session will provide nephrology nurses with an in-depth understanding of post-traumatic stress disorder, encompassing its symptoms, diagnostic procedures, treatment, current research findings, and impact on patients with chronic kidney disease and end-stage kidney disease.

OD08 Frailty in People Receiving Peritoneal Dialysis: The Role of Physical Activity and Exercise

Paul Bennett, PhD, MHSM, RN, FISN

This session will delve into the critical topics of preventing and managing frailty in patients receiving peritoneal dialysis. The pivotal role played by nephrology nurses in conducting frailty assessments, implementing interventions, and encouraging patients to exercise and increase physical activity also will be highlighted.

OD09 Abstract Presentations: Clinical Focus

Learn from colleagues about clinical innovations they have implemented.

OD10 Abstract Presentations: Clinical Focus

Learn from colleagues about clinical innovations they have implemented.

OD11 Abstract Presentations: Research Focus

Learn from colleagues about research they have conducted.

Register by February 16 for the best rates! annanurse.org/symp25

Invited Faculty

Cynde Adorno, MSN, RN, CCRN (Alumni), Division Director Dialysis, Health Trust Workforce Solutions, Myrtle Beach, SC (Session OD06)

Tracy Anderson-Haag, PharmD, BCPS, BCTXP, Clinical Pharmacy Specialist, Transplantation, Hennepin Healthcare, Blaine, MN (Session 151)

Donna Bednarski, MSN, RN, ANP-BC, CNN, CNP, Nurse Practitioner Dialysis Access, Detroit Medical Center, Canton, MI (Session 311)

Paul Bennett, PhD, MHSM, RN, FISN, Professor, School of Nursing and Midwifery, Griffith University, Brisbane, Australia (Session OD08)

Melanie Betz, MS, RD, CSR, FNKF, FAND, Founder and CEO, The Kidney Dietician, Chicago, IL (Session OD05)

Katelynn Booth, MSN, RN, CPHQ, Quality Improvement Specialist, Quality Insights, Roanoke, VA (Session 321)

Deborah Brouwer-Maier, RN, CNN, Marketing Manager, Vascular Access, Transonic Systems, Inc., Lansdale, PA (Session 301)

Rachael Buening, BSN, Lead Nephrology Clinical Specialist, Dialyze Direct, Teutopolis, IL (Session 181)

Diana Caldwell, MSN, APRN, PCNS-BC, Clinical Nurse Specialist, Children's Health, Mansfield, TX (Session 172)

Suzanne Capps, ADN, RN, Coordinator, HAI&AR Dialysis Infection Prevention, Virginia Department of Health, Midlothian, VA (Session OD04)

Tammy Carmean, MBS-HM, BSN, RN, CMSRN, Home Theraphies Program Manager, Fresenius Kidney Care, Mishiwaka, IN (Session 214)

Sue Cary, MN, RN, ANP-BC, CNNe, Adult Nurse Practitioner/Legal Consultant, Self-Employed, Greers Ferry, AR (Session 152)

Marian Charlton, SRN, RN, CCTC, Clinical Manager, Hackensack University Medical Center, Pearl River, NY (Session 211)

Ursula Chester, MHA, MSN, AGACNP, Clinical Nurse Specialist, Children's Health, Missouri City, TX (Session 182)

Christine Chmielewski, MS, CRNP, ANP-BC, CNN-NP, Nephrology Nurse Practioner, Jefferson Renal Associates, Jefferson University Hospital, Bensalem, PA (Session 010)

Lauren Coburn, MSW, LCSW, Regional Manager of Social Work and Admissions, Liberty Administrative Services, Alaska Dialysis, Anchorage, AK (Session 213)

Matthew Cooper, MD, Professor of Surgery, Chief of Transplantation, Medical College of Wisconsin, Milwaukee, WI (Session 211)

Christine Corbett, DNP, APRN, FNP-BC, CNN-NP, FNKF, Executive Director, Coalition for Supportive Care of Kidney Patients; Assistant Research Professor; Nurse Practitioner Kidney Palliative Care, George Washington University, La Luz, NM (Session 020)

Nenita Cuellar, MSN, RN, CNN, Clinical Educator, Children's Health, Garland, TX (Session 172)

Kelly Davis, MSN, ACNP, CNN, Clinical Applications and Product Innovation Staff Engineer, Fresenius Medical Care, St. Louis, MO (Session 154)

Sheila Deziel, MSN, RN, CNN, FNKF, Senior Clinical Consultant, Fresenius Kidney Care, Mesa, AZ (Session 181)

Rowena Elliott, PhD, RN, CNN, AGNP-C, LNC, CNE, ANEF, FAAN, Professor of Nursing, Emory University, Nell Hodgson Woodruff School of Nursing, Alpharetta, GA (Session 232)

Katie Feldner, PhD(c), MSN, RN, CNN, Associate Degree Nursing Instructor, Northeast Wisconsin Technical College, Neenah, WI (Session 301)

Donna Ferguson, BSN, RN, Hope Therapies Charge Nurse, Fresenius, Donna, IN (Session 214)

Cornelia Gogan, MSW, LMSW, LCAS, Social Worker, Liberty Administrative Services, Wasilla, AK (Session 020)

Debra Hain, PhD, APRN, AGPCNP-BC, PMHNP-BC, CNN-NP, FAAN, FAANP, FNKF, Professor, Graduate Co-Coordinator AGNP Concentration/Nurse Practitioner, CKD Clinic, H.O.P.E. Mental Healthcare, LLC, Florida Atlantic University, Herriman, UT (Session 152)

Emel Hamilton, MD, MSN/INF, CNN, Vice President, Global Leader of Clinical Systems, Fresenius Medical Care, North Grafton, MA (Session 331)

Melanie Harper, RN, CNN, Central Anemia Manager, DaVita, North Salt Lake, UT (Session 185)

Kristen Hill, DNP, APRN-CNS, AGCNS-BC, RN-BC, Clinical Nurse Specialist, Ohio State University, Wexner Medical Center, Gahanna, OH (Session OD02)

Sharee Holcombe, MSN, RN, CNN, Regional Home Therapies Team Lead, Fresenius Kidney Care, North Andover, MA (Session 171)

Carolyn Jones, BS, Owner, Carolyn Jones Productions, Redding, CT (Session 103)

Hayden Jones, II, APRN, BSN, RN, Senior Clinical Director, National Accounts & Home Product Support, Fresenius Medical Care, Orlando, FL, (Session 171)

Katerina Jones, DNP, APRN, ANP-C, CNN-NP, Nephrology Nurse Practitioner, Metrolina Nephrology Associates, Cramerton, NC (Session 010)

Judy Kauffman, DNP, RN, CNN, Director Cellular Therapy and Stem Cell Transplant; Director, Cancer Center Quality Program, University of Virginia Health, Verona, VA (Session 234)

Peter Kennealey, MD, Professor of Surgery/Surgical Director, Kidney & Pancreas Transplantation, University of Colorado, School of Medicine, Aurora, CO (Session 211)

Natalie Kuhn, MSN, RN, Faculty Specialist II, Western Michigan University, Bronson School of Nursing, Galesburg, MI (Session 144)

Kristin Larson, MSN, AGNP-BC, CNN, NP, FANNA, Professor, Roseman University, Salt Lake City, UT (Sessions 143, 183)

Wendy Lester, MSN, RN, CNN, Registered Nurse, Poway, CA (Session 183)

Faith Lynch, DNP, RN, CNN, NEA-BC, AMB-BC, FANNA, Regional Senior Director of Nursing, Dialysis Operations, NYU Langone, Commack, NY (Session 183)

Pauline Marroquin, MBA-HCM, BSN, RN, CNN, Clinical Nurse Manager, Memorial Hermann Hospital, Spring, TX (Session 173)

Invited Faculty

Laura Mayeda, MD, MPH, Clinical Assistant Professor, Director Hypertension Clinic, University of Washington Medicine, Seattle, WA (Session 233)

Amanda Morelli, MSN, RN, CNN, Quality Improvement Specialist, Quality Insights, Midlothian, VA (Session 321)

Kimberly Muczynski, MD, PhD, Associate Professor, Attending Physician, University of Washington Medical Center – Montlake; Medical Specialties Center, Renton, WA (Session 010)

Stephen Munsayac, BSN, RN, Group Manager, DaVita Kidney Care, Corona, CA (Session 182)

Joanna Neumann, RN, CNN, Vice President of Nursing and Performance Improvement, Satellite Healthcare, San Jose, CA (Session 235)

Joseph Newman, MD, Nephrologist/Physician Partner, Eastern Nephrology Associates, PLLC, New Bern, NC (Session 141)

Zoila Nolasco, DNP, RN, NEA-BC, AMB-BC, CPXP, Regional Director of Outpatient Dialysis, NYU Langone Health, Mineola, NY (Session 183)

Tara O'Brien, PhD, RN, CNE, Assistant Director, Doctor of Nursing Education Program, The Ohio State University, College of Nursing, Fort Myers Beach, FL (Session 215)

Donna Painter, MS, RN, CNN, Nurse Surveyor, National Dialysis Accreditation Commission, Corsicana, TX (Session 311)

Jamie Pardee, MSN, RN, CCRN, Nursing Clinical Quality & Patient Safety Coordinator, Ohio State University; Wexner Medical Center, Pickerington, OH (Session OD02)

Denise Parr, MSN-IPC, RN, CIC, Dialysis and non-AR HAI Outbreak Lead, Michigan Department of Health and Human Services Contractor, Port Huron, MI (Session 142)

Amber Paulus, PhD, RN, CPHQ, Senior Director Value Based Care, Clinical Operations East, Kidneylink, Mechanicsville, VA (Session 155)

Jennifer Payton, MHCA, BSN, RN, CNN, FANNA, Chief Compliance Officer, National Dialysis Accreditation Commission, Goose Creek, SC (Session 153)

Amy Perry, MSN, APRN, FNP-BC, CNN-NP, Nurse Practitioner, Transplant Program Clinical Administrator, Ralph H Johnson VA Medical Center, Summerville, SC (Session 184)

Lillian Pryor, DNP, RN CNN, Nurse Educator, Veterans Affairs Nursing Academic Partnership Co-Director, Atlanta Veterans Affairs, Stockbridge, VA (Session 301)

Anjay Rastogi, MD, PhD, Professor, Clinical Chief of Nephrology, David Geffen School of Medicine, UCLA, Los Angeles, CA (Session 143)

Matthew Rivara, MD, Associate Professor of Medicine, University of Washington, Seattle, WA (Session 235)

Dianne LaPointe Rudow, ANP-BC, DNP, FAAN, Professor, Department of Population Health, Science and Policy; Director, Zweig Family Center for Living Donation, Mount Sinai Hospital, New York, NY (Session OD01)

David Serur, MD, Medical Director, Kidney Transplantation, Hackensack Meridian Health, Englewood, NJ (Session 211)

Maiya Slusser-Hogan, MS, RND, CDN, CNSC, Manager, Clinical Education and Research, PCA Corp, Seattle, WA (Session OD03)

Cynthia Smith, DNP, APRN, CNN-NP, FNP-BC, FNKF, Clinical Coordinator, Ambulatory Care, Hershel "Woody" Williams VAMC, Department of Veterans Affairs, Huntington, WV (Session OD07)

Leah Foster Smith, MSN, APRN, FNP-BC, CNN-NP, FNKF, Director of Advanced Practice Providers/Chief Education Officer, Metrolina Nephrology Associates/Interactive Nephrology, Mooresville, NC (Session 212)

Felicia Speed, PhD, LMSW, Vice President, Social Work Services, Fresenius Kidney Care, Greenvilla, SC (Session 020)

Deborah Stamps, EdD, MBA, MS, RN, GNP, NE-BC, CDE®, FADLN, FAAN, Founder and CEO, Deborah Stamps Consulting, LLC, Henrietta, NY (Session 301)

Beverly Storck, MSN, RN, Nurse Practitioner, Fresenius Medical Care, Greenville, NC (Session 141)

Brianna Sullivan, MSN, APRN, FNP-BC, Assistant Vice President, Dialysis, Health Trust Workforce Solutions, Franklin, KY (Session OD06)

Claire Taylor-Schiller, BSN, RN, Quality Improvement Director, Midwest Kidney Network, Bloomington, MN (Session 321)

Jennifer Thompson, MBS, BSN, RN, Director of Operations, Fresenius Kidney Care, Fortson, GA (Session 171)

Jim Twaddell, MA, BS, Senior Policy Advisor, Venable, LLP, Washington, DC (Session 311)

Jeffrey Tyer, BSN, RN, CNN, Senior Manager of Clinical Education, Fresenius Medical Care, Live Oak, TX (Session 185)

Beth Ulrich, EdD, RN, FACHE, FAONL, FAAN, FANNA, Editor-in-Chief, *Nephrology Nursing Journal*, Pearland, TX (Session 231)

Violeta Valcheva, MSN, APRN, AGNP-C, Nurse Practitioner, Edward Hines Jr. Veterans Hospital, Hines, IL (Session 174)

Jennifer Vavrinchik, MSN, RN, CNN, Chief Operating Officer, National Dialysis Accreditation Commission, Naples, FL (Session 183)

Nestor Dante Verano, DNP, APRN-FPA, CNN-NP, Nephrology Nursing Practitioner, Excel Kidney Care, Chicago, IL (Session 174)

Rachel Wood, PhD, RN, NPD-BC, CEN, CPEN, Nurse Scientist, Bon Secours Mercy Hospital, Mechanicsville, VA (Session 145)

Alice Zerkle, BS, RN, CCM, Senior Manager, Clinical Methods and System, FKC Nursing and Clinical Services, Pegram, TN (Session 010)



Hotel & Travel Information

Hotel Reservations

The Hyatt Regency Portland and the Courtyard by Marriott Portland Downtown/Convention Center are the official hotels for the symposium.

Hyatt Regency Portland at the Oregon Convention Center

375 NE Holladay Street
Portland, OR 97232
Check in: 4:00 pm ~ Check out: 11:00 am
Room rate: \$232 + taxes (currently 16%)
Online reservations: annanurse.org/symp25
Phone reservations: 971-222-1234

Courtyard by Marriott Portland Downtown/Convention Center

435 NE Wasco Street
Portland, OR 97232
Room rate: \$229 + taxes (currently 16%)
Check in: 3:00 pm ~ Check out: 12:00 pm
Online reservations: annanurse.org/symp25
Phone reservations: 503-234-3200

The conference rates are available until March 31, 2025, or until rooms sell out. Reservations made after this date are subject to space and rate availability. (Taxes subject to change without notice.)

Note: Only make your hotel reservations via the ANNA reservation link or hotel phone number provided above. ANNA does not use a housing agency. No one from ANNA or the conference hotel will call or email you to make a hotel reservation; ignore any communications you may receive from outside agencies.

Hotel Parking

Hotel parking is available at the following daily rates:

- Hyatt Regency Portland \$35 self-parking; \$45 valet parking
- Courtyard by Marriott Portland \$43 self-parking; \$43 valet parking

(Rates subject to change.)

Airport/Transportation

Portland International Airport (PDX) is 8 miles from the Hyatt Regency Portland at the Oregon Convention Center and 9 miles from the Courtyard by Marriott Portland Downtown/Convention Center. Transportation between the hotels and the airport is approximately:

- Taxi \$40-\$50 one way
- Rideshare ~ \$25-\$40 one way

Enjoy Portland

There's plenty to see and do in Portland. For more information, go to www.travelportland.com.

Weather

A typical day in Portland in early May has daytime highs in the mid 60s and lows in the mid 40s. The weather is often rainy, so be sure to pack a raincoat or umbrella. Please also pack a sweater (as meeting room temperatures may vary) and comfortable walking shoes for your conference activities.



Registration & General Information

Registration

Register at **annaurse.org/symp25**. In-person and livestream registration options are available. Livestream sessions are to be determined and will be announced closer to the conference date. Full symposium registrants (in-person and livestream) will have access to **all** recorded conference content.

Preconference workshops require an additional fee. Preconference workshops will be offered in person only and will not be livestreamed.

All symposium communications will be sent via email. Please provide your email address when registering to ensure you receive your registration confirmation and other meeting communications.

All in-person pre-registrations must be received with payment by April 21, 2025. In-person registrations received after this date will be processed onsite.

Deals & Discounts

- Register by February 16, 2025, for early bird rates.
- Best Deal: Combine a preconference workshop with the symposium for one low rate when you register by February 16, 2025. (Available for in-person registrants only.)
- ANNA Members save \$125 on registration.
- Register for the symposium and join ANNA or renew your ANNA membership – for one low rate. Regular registration fees include a 1-year ANNA membership. (International registrants who register at the Regular rate receive a virtual international membership.)

Nursing Continuing Professional Development

Gain contact hours (CH) for your professional development, recertification, and relicensure.

- Optional Preconference Workshops 5.0 CH
- Symposium* 18.75
- Bonus** 5.0 CH
- *Additional contact hours may be available if corporate support is received for pending programs.
- **Bonus contact hours are available with *full* symposium registration only and include meeting content only (not preconference sessions).

Sessions marked with **Rx** contain pharmacology content that can be applied toward pharmacology credit requirements.

ANNA urges participants to be aware of the NCPD requirements for relicensure in the states in which they hold a license.

American Nephrology Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation

ANNA is a provider approved by the California Board of Registered Nursing, provider number CEP 17499.

As a designated Approved Provider by the American Board for Transplant Certification (ABTC), American Nephrology Nurses Association (ANNA) grants Category 1 Continuing Education Points for Transplant Certifications (CEPTC) for this offering. Approval #20004.

Online Library / Symposium Educational Materials

The ANNA Online Library (annanurse.org/library) provides extra value for your symposium registration.

- Full symposium registrants (in-person and livestream) receive free access to **all** conference sessions in the Online Library. Listen to sessions you may have missed or revisit ones you found interesting. Content will be available approximately 3 weeks after the conference.
- Session/speaker reference materials will be available to view/download/print in the Online Library prior to the conference.
- Evaluate sessions online to redeem your contact hours.
- After completing the symposium/session evaluation process, access your contact hour certificates in the Online Library any time.

Payment Policy

No registration will be processed unless full payment is received with the registration form. If you do not receive an email confirming your registration, please contact the ANNA National Office.

Refund Policy

No telephone cancellations will be accepted. Written notice of cancellation must be sent to the ANNA National Office (anna@annaurse.org, fax 856-218-0557). A \$50 administrative fee will be assessed on all cancellations received in writing and must reach the office no later than April 4, 2025. No refunds will be issued after this deadline. Membership fees are nonrefundable. If ANNA finds it necessary to cancel or postpone this educational offering for any reason, including but not limited to low registration, strikes, pandemics, or acts of God, ANNA shall not be liable for registrant(s)' expenses.

Guests

Guest tickets (\$100 each) are available for the ANNA Dance Party. Guest tickets are limited to *one* per symposium registrant and entitle the guest to attend the gala/dance party *only*. Guests are not admitted to exhibits or any other sessions/events.

Media Release

ANNA occasionally uses photographs/video of ANNA meeting participants in its publications, website, social media, and promotional materials. By virtue of your attendance at the symposium, you agree to usage of your likeness in such material.

Questions?

Contact ANNA: annanurse.org/symp25 anna@annanurse.org 888-600-2662 or 856-256-2320

American Nephrology Nurses Association | REGISTRATION FORM 2025 National Symposium — May 1-4, 2025 — Portland, OR

4 easy ways to register. Reserve your spot today!

Registrations will not be processed without payment. Send completed registration form with payment to ANNA in U.S. funds.



ONLINE

credit card payments only annanurse.org/symp25



EMAIL

credit card payments only anna@annanurse.org



credit card payments only 856-218-0557

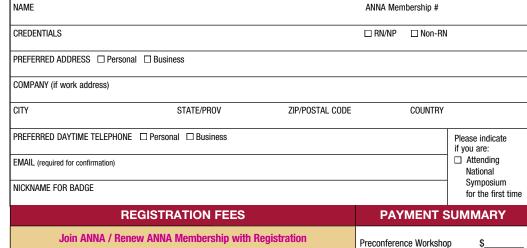


MAIL (with payment) ANNA Registration Box 56 Pitman, NJ 08071-0056

If sending via UPS or Federal Express, send to: **ANNA National Office**

HOTEL

200 East Holly Avenue Sewell, NJ 08080



| Join ANNA / Renew ANNA Member You must be an ANNA member in good standing at the time you register to qualify for the "Member" rate. To join ANNA (or renew your ANNA membership) when registering, choose the "Regular" registration rate. | Preconference Workshop (In person only) National Symposium \$ | | | | |
|---|---|-----------------|--------------------|--|--|
| and Fregular regionation rate. | MEMBER | REGULAR | NONMEMBER | Combination/Best Deal | |
| IN-PERSON REGISTRATION OPTIONS | | | | (In person only) | |
| Preconference Workshop | | | | Must be received by 2/16/2025 \$ | |
| Indicate session choice below: 010 or 020 | | | | Daily \$ | |
| Received by 2/16 | □ \$200 | □ \$325 | □ \$350 | Guest Ticket (\$100) | |
| Received 2/17-3/15 | □ \$225 | □ \$350 | □ \$375 | (Dance Party only) \$ | |
| Received on/after 3/16 and onsite | □ \$250 | □ \$375 | □ \$390 | (Dance Faity Offig) \$ | |
| National Symposium Received by 2/16 | □ \$500 | □ \$625 | □ \$650 | TOTAL DUE \$ | |
| Received 2/17-3/15 | □ \$550 | \$675 | □ \$700 | ☐ Check enclosed | |
| Received on/after 3/16 and onsite | □ \$600 | □ \$725 | ☐ \$750 Charge my: | 1 9 7 | |
| BEST Combination Preconference Workshop & National Symposium Registration must be received by 2/16 Indicate session choice below: 010 or 020 | □ \$ 675 | \$800 | □ \$900 | ☐ Visa ☐ Mastercard ☐ Am. Express for the amount of \$ | |
| D 7 D 11 F | | | | ACCOUNT NUMBER Expiration Date | |
| Daily Registration 1-Day (check day)FriSat Sun | □ \$275 | □ \$400 | □ \$425 | | |
| Guest Ticket for Dance Party | | | | | |
| Guest Name: | Card Security Code:(3-Digit code back of Visa & Mastercard 4-Digit code front of American Express.) | | | | |
| LIVESTREAM REGISTRATION OPTIONS | | | | | |
| National Symposium Received by 2/16 | □ \$450 | □ \$ 575 | □ \$600 | 4-Digit code from of American Express.) | |
| Received 2/17-3/15 | □ \$500 | □ \$625 | □ \$650 | Print Cardholder's Name | |
| Received on/after 3/16 and onsite | □ \$550 | □ \$675 | □ \$700 | | |
| Daily Registration | | | | | |
| 1-Day (check day)FriSat Sun | □ \$225 | □ \$350 | □ \$375 | Signature | |

| Emergency Contact Information | | | | | | |
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|---|---|---|---------------------------------------|---------------------------|---------------------------|--|--|--|
| SESSION CHOICES: (to be completed ONLY if attending in-person meeting) | | | | | | | | |
| Wednesday (4/30) | Thursday (5/1) | F | riday (5/2) | Saturday (5/3) | Sunday (5/4) | | | |
| 7:30 pm ☐ 100 Movie Night | 0 Movie Night □ 010* □ 020* □ 110 Walk | | 1:00pm 160 Box Lunch | 7:00am | 7:00am ☐ 301 | | | |
| 7:30am □ 030 LEAD (Chapters) □ 040 LEAD (SPNs) 1:00pm □ 101 (pending) 3:00pm □ 102 4:30pm □ 103 5:45pm □ 104 | □ 030 LEAD (Chapters) | 7:15am 120 (pending) 10:15am | 2:00pm ☐ 171 ☐ 173 ☐ 172 ☐ 174 | 10:30am □ 211 | 8:15am ☐ 311 9:45am | | | |
| | □ 141 □ 144 □ 142 □ 145 □ 143 11:45am □ 151 □ 154 □ 152 □ 155 □ 153 | 4:15pm □ 181 □ 183 □ 185 □ 182 □ 184 | 12:00pm ☐ 220 Lunch 1:45pm | □ 321 11:15am □ 331 | | | | |
| | | 8:00pm ☐ 190 Dance Party | □ 231 □ 233 □ 235 □ 232 □ 234 | | | | | |
| | | | Save time | and register online at | line at: | | | |
| | *Optional; additional | | Save time and register online at: | | | | | |

If any special disability or diet arrangements are needed, please attach a note of explanation.